

## Expressive abstract painting reflection

Name \_\_\_\_\_

Please comment on how the following quote helped you when making your painting. Explain your artistic process and approach in the painting.

*"When I am in a painting, I'm not aware of what I'm doing. It is only after a sort of 'get acquainted' period that I see what I have been about. I have no fears about making changes, destroying the image, etc, because the painting has a life of its own. I try to let it come through. It is only when I lose contact with the painting that the result is a mess. Otherwise there is pure harmony, an easy give and take, and the painting comes out well."*

**-Jackson Pollock**

**Give evidence and examples of using the following in your painting. Be as specific as possible. You may use bullet points:**

Intuitive working process

Expressive variety of mark-making, movement and texture

Grid understructure

Positive and negative space design

Work ethic

Behavior