

Inspiration B

The creative process can happen at any time, even when we might not be prepared to listen to it. Some of the great works in art and music have been conceived in unexpected moments. For example, Paul McCartney composed the entire melody of “Yesterday” in a dream. Upon waking, he hurried to a piano and played the tune to avoid forgetting it. The rest is history. My advice: Be ready and aware. Record and document transient flights of inspiration. Tear that image from a magazine, sketch outside and bring your creative experience to the classroom. Who knows what could happen?

An **Inspiration B** is a board or box where you can store anything that inspires you.

Your Job:

Fill your inspiration board or box with pictures, magazine cut outs, fabrics, sketches, poems, quotes, texture, found objects, or anything that you think will eventually help you in your creative process.

The inspiration boards will help your in-class projects as well as your independent projects. Try to fill up and refer to the Inspiration B as often as possible. These habits will help one become more aware that our everyday life experience is our creative, artistic expression.

Periodically, I will have you share your Inspiration B with the class.